

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van den Brande Liesbeth

Coaches: Van Den Broeck Michaël HEADCOACH

Coaches: Kennes Kylian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 50: 50M BREASTSTROKE MEN 15+		Heat:7, starttime: 14:49
Heat: 7/8 Lane : 6 Athlete: VAN DEN BRANDE LUCAS		Q-time: 00:34:61
PB (50m pool): 00:34.61 Aalst 26/04/2026		PB (25m pool): 00:34.72 SB: 00:34.61 Aalst 26/04/2026
	5 0 M	
PB	00:34.61	
	<i>00:34.61</i>	
	

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+		Heat:1, starttime: 14:52
Heat: 1/9 Lane : 1 Athlete: DE SAEGER JULIE		Q-time: 00:44:94
PB (50m pool): no time		PB (25m pool): 00:44.94 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+		Heat:1, starttime: 14:52
Heat: 1/9 Lane : 6 Athlete: DE TOLLENAERE LAURA		Q-time: 00:42:60
PB (50m pool): 00:42.60 Wezenberg 03/01/2026		PB (25m pool): 00:40.99 SB: 00:42.60 Wezenberg 03/01/2026
	5 0 M	
PB	00:42.60	
	<i>00:42.60</i>	
	

Coach feedback:

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: ZCK

Event number: 51: 50M BACKSTROKE WOMEN 15+		Heat:8, starttime: 15:04
Heat: 8/9 Lane : 2 Athlete: JACOBS ROXANNE		Q-time: 00:35:37
PB (50m pool): 00:35.37 Antwerpen 13/07/2025 PB (25m pool): 00:34.43 SB: no time		
	5 0 M	
PB	00:35.37	
	00:35.37	
	

Coach feedback:

Event number: 52: 200M BACKSTROKE MEN 15+				Heat:1, starttime: 15:07	
Heat: 1/4 Lane : 6 Athlete: VAN DEN BROECK TIEBE				Q-time: 02:49:42	
PB (50m pool): 02:49.42 Antwerpen 13/07/2025 PB (25m pool): 02:40.69 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.87	01:23.00	02:06.97	02:49.42	
	00:39.87	00:43.13	00:43.97	00:42.45	
	

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+		Heat:1, starttime: 15:22
Heat: 1/11 Lane : 4 Athlete: DE TOLLENAERE LAURA		Q-time: 00:40:72
PB (50m pool): 00:40.72 Gent 08/02/2026 PB (25m pool): 00:40.44 SB: 00:40.72 Gent 08/02/2026		
	5 0 M	
PB	00:40.72	
	00:40.72	
	

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+		Heat:2, starttime: 15:23
Heat: 2/11 Lane : 3 Athlete: DE SAEGER JULIE		Q-time: 00:39:59
PB (50m pool): no time PB (25m pool): 00:39.59 SB: no time		
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: ZCK

Event number: 53: 50M BUTTERFLY WOMEN 15+		Heat:6, starttime: 15:27
Heat: 6/11 Lane : 3 Athlete: JACOBS LAURIEN		Q-time: 00:35:27
PB (50m pool): 00:35.27 Wezenberg 05/01/2025 PB (25m pool): 00:35.15 SB: no time		
	5 0 M	
PB	00:35.27	
	<i>00:35.27</i>	
	

Coach feedback:

Event number: 56: 200M BREASTSTROKE MEN 15+				Heat:2, starttime: 16:05
Heat: 2/5 Lane : 5 Athlete: VAN DEN BRANDE LUCAS				Q-time: 03:04:79
PB (50m pool): 03:04.79 Molenbeek 01/02/2026 PB (25m pool): 02:52.47 SB: 03:04.79 Molenbeek 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	01:24.46	no time	03:04.79
	<i>no time</i>			

Coach feedback:

Event number: 56: 200M BREASTSTROKE MEN 15+				Heat:3, starttime: 16:08
Heat: 3/5 Lane : 2 Athlete: VAN DEN BROECK TIEBE				Q-time: 03:01:60
PB (50m pool): 03:01.60 Molenbeek 01/02/2026 PB (25m pool): 02:54.72 SB: 03:01.60 Molenbeek 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	01:27.15	no time	03:01.60
	<i>no time</i>			

Coach feedback: